

Sexual Problems of *Youths*

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Chapter 1

Dedication

All praise belongs to the Lord Who created us and commissioned His noble messengers to guide us to felicity in this world and the next. I dedicate this book to my daughter, Shirin and my son, Shahab, and I invoke Allah, the Almighty to lead and keep all youths, including my children, on the straight path of truth and protect them from Satan and satanic temptations throughout their lives.

I present the reward of my translation to the soul of my late aunt, and beseech God to give me more success in this way.

I appreciate the valuable assistance of Mr. Sayed Athar who reviewed and edited this book. On Him we trust, and He is Sufficient for us. He is the Best Supporter.

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Part 1

Preface

For awakening the families

The parents are unconcerned and the youths are indifferent and uncaring towards the events concerned with their destiny!

It seems that all prefer to forget the problems to ignore their fear, and as called by diplomats, they follow the policy of “patience and wait”.

Then, thousands of guiltless youths become victims of such negligence, heedlessness and ignorance and the society is corrupted.

It is strange that thousands of societies, seminars, congresses, etc. are held every year throughout the world for investigation and review of underwater mines, various marine creatures, direction winds and typhoons, pests of cotton boll and oat, extinction of chamois, decrease in the number of penguins, internal structure of firefly and so on, and scientists from around the world meet together to discuss about them.

On the other hand, little (if any) attention is paid to issues related to youths, who are the most active and precious human treasures of societies.

What we can do?

Our present world is not ruled by intellect and wisdom. Realities are not taken into consideration. The course of events and issues are mostly determined by a series of personal, regional, emotional, recreational motives or affairs dealing mostly with the appearance of the society.

Otherwise, such a significant issue shouldn't have been forgotten and ignored to such an extent. Negligence of thinkers and scientists should not cause the youths and parents to forget their critical responsibility.

None of the problems the youths face today is as important as the sexual problem. Regretfully, we have to admit that this problem is becoming more complicated and serious due to developing automation in life, long duration of education and specialty courses, availability of luxury to all families, and lack of mutual confidence between girls and boys.

We have discussed these problems explicitly and clearly in this book and also proposed some solutions. Although some believe that we face a deadlock in this regard, we have proved the contrary. That is, should the youths and parents decide to solve this problem, effective solutions would indeed be available.

Moreover, we have discussed about "sexual perversion", and practical way of its treatment and prevention. Studying it will certainly provide useful information for all youths to get salvation from this problem. These discussions were already published in "Nasl-e-Javan" magazine but after receiving repeated requests and numerous letters from the magazine office, it was published after revision and completion in book form which is available to you now.

We pray God the Almighty to give success to all the youths to solve their problems in this critical issue of life by following the instructions in this book. This is our utmost desire.

Qom – Nasir Makarim Shirazi
August 1971

Part 2

A problem called marriage

Barriers to spouse selection

In the name of God

Every youth faces these barriers

Statistics indicate that marriage (particularly in recent years) has considerably decreased, and contrary, marriage age (especially in big cities and places nearer to civilization) has increased so that youth marry at ages when “**enthusiasm**” and “**vivacity**” has nearly faded, and the prime time marriage has ended.

Of course, this is caused by various factors, the most important of which are:

1- Extended period of education 2- Possibility of illegal relations 3- Unavailability of needs life (as desired) and heavy expenditures for marriage 4- Distrust between young boys and girls.

Here, we will study in details the first two parts which enjoy more significance:

Some social planners have proposed the plan of “**Compulsory marriage**” without making an effort and endeavour to study about the causes of this danger and the way to encounter it. That is, for instance to impose a kind of special tax on “singleness” to force the youth to accept family life; or to deny single youths employment in different institutions; or to consider other severe punishments for these youths!

Some youths ask us: What is your idea about this plan? Do you think it is an effective and proper solution?

We believe that if “compulsory marriage” implies application of some ways, like denying to single youths employment in different institutions, it may be slightly and temporarily effective in the current situation, but it would never be a final solution for the “**dangerous event of decrease in matrimony**”. Rather, it may even create undesirable reactions.

Basically, “**marriage**” and “**compulsion**” are two contrary terms that are never compatible with each other. Compulsory marriage is like “compulsory friendship and affection”!

Is it possible to inspire affection and amity between two individuals compulsorily and forced by law?!

Marriage, in its proper concept, is a kind of spiritual and corporeal relationship for a peaceful common life in prosperity and sincerity. On this account, it shall be established in a free and optional condition, void of any imposition. Therefore, any marriage contract concluded without full satisfaction of both parties is repudiated by Islam.

Marriage is not like “military service” to dispatch one to the garrison and force one to learn military techniques under particular control.

It is strange that “planners” try to reform the present condition, which is the result of a series of social abnormalities without paying least attention to the causes of its occurrence.

We believe that even if such plans are practical, they are only considered as a sedative medicine

while **“the main causes”** of this event and **“the causes of its causes”** shall be found and eradicated.

Then, the present abnormal, illogical and undesirable situation of marriage would be automatical corrected.

Therefore, we have better to study each of the above four factors as the main causes of decrease marriage independently.

~~Extended duration of education, the first great barrier to marriage of the youth~~

Although, we know that not all of those who escape the critical issue of marriage have the excuse of being engaged in education, but there are many who remain single even for several years after the graduation.

However, it is undeniable that the extended duration of education is a **“big and important barrier”** to marriage of many of the youth.

The educational period for most majors is more or less 18 years. So, when a youth graduates, he/she is about 25 years and is still **“a youth seeking a job”** (if we can apply the term “youth” in its real sense, because he/she has passed the major part of his/her youth, and just a margin remains!).

It seems that in the future world, which is the world of expertise, this age may prolong and may even increase to 35 years!

Now, the question is whether **“marriage”** should certainly depend on “graduation” even if it is prolonged and extended more? Or this dependency, which is believed by some to be indispensable, shall be eliminated, and the youth shall be relieved from this very troublesome requisite?

On the other hand, how could a young student (who is a **“consumption system”** spending money and not a **“productive system”** having income) think of marriage with such heavy and excessive expenses? How can we deny the relationship of marriage to graduation?

We believe that if we think openly and avoid wrong imitations, solving this problem is not too difficult, and there is a clear plan for it, that is:

What is the problem if youths select their partners through consultation with parents and considerate friends during their education period (when they are at ages appropriate for marriage)? Then, a sort of legal engagement (conclusion of marriage contract as well as religious and legal formalities, exclusive of wedding ceremonies), not requiring luxuries and expensive costs could be arranged between them, so that the boy and girl know that they belong to each other and will be partners to each other in the future life.

Later, after preparation of facilities, they may accomplish the remaining marriage and wedding ceremonies in a simple and reputable form. The first advantage of this plan is that the youth may find a spiritual tranquillity and hope, and are saved from the dreadful monster of a vague future bothering many single youths.

On the other hand, it insures them against many moral aberrations and relieves them from wasting too much time in finding a suitable spouse when facilities for starting a joint life are provided.

It is possible for most youths to act according to this plan. If the parents are observant, the youth think properly and this plan is followed, a considerable part of their problems in this respect will be solved.

In summary, the legal engagement (conclusion of marriage contract) and nomination of a boy and girl to each other, enables the youth to satisfy a considerable part of their sexual needs in this way. The engagement period involves many advantages of marriage, and compensates a major part of sexual deprivation of the youth.

Thereby, the youth are secured from indecency and sexual perversions, without imposition of extra expenses on the girl's or boy's family, and free from the issue of pregnancy or any other problem for the continuation of their education.

The other alternative is official marriage up to the last stage, that is, wedding ceremonies, but preventing conception through numerous available ways (most of which are lawful). The major problem of marriage for young spouses is conception, which is very troublesome for the youth who are educating. However, all these plans are only practicable if marriage ceremony is celebrated in a simple form, without extra formalities, but not the present rituals and expensive marriage ceremonies for which there is not any logical justification.

This is the solution if parents and youth are really seeking prosperity. Waiting for graduation, the finding of a suitable, honourable and profitable job, and provision of house, car and other equipment, and affording the high costs of luxurious marriage ceremonies results **in the youth being tainted with thousands of perversions, as well as marriage at the age of 35 to 40, when one is nearer to the retirement period!** This sort of marriage is exactly abnormal, lacking spirit and nobility, and it is not in harmony with the systems of man's existence and the times determined by natural instincts for marriage.

Decrease in matrimony, A great social tragedy

Decrease in matrimony, reluctance of the youth to marry and preferring the **abnormal life singleness**, and more accurately what could not be called life at all, is a great tragedy for humanity which has involved man of our age along with other negative impacts of automation life.

Decrease in matrimony is not tragic just for resulting in **extinction or low generation**, and we cannot reason that it is not a problem at present and perhaps within the next years, and on the contrary increase in population is now a cause of concern (of course in the non-industrial countries, but not the industrial ones where population is extremely controlled)!

Its major disadvantage is that **unmarried individuals** lag behind others in view of **feeling social responsibility**. They do not belong to any society, and resemble those suspending and wandering in the immense space among the spheres in weightlessness!

They may forget their homeland for a little purpose, and immediately fly to another part, or even commit suicide when facing problems.

According to statistics, **suicide occurs much more among the single than married people.**

Brain drain is seen much more among singles that have not made any marriage contract with the society of their home country.

Most criminals are either single or live alone. In fact, matrimony prevents man from thinking that he belongs to himself and making improper decision about himself and his future, because he feels responsibility against the small society called “family”.

“**Lack of feeling responsibility**” and “**lack of social relation**” have other evil consequences, the most important of which is non-utilization and non-mobilization of all powers and forces for improvement and development in life. Not too much power is required for earning livelihood of oneself for whom there is no problem how to spend his life,!

This is the reason why the life of single individuals is mixed with depression, laziness, indifference towards obtaining and preserving life facilities, and activation of their genius.

Many weak-kneed and infirm who are unable to earn their own livelihood and live as burdens for the society when they are single, change to decisive, serious, firm, agile and observant persons after marriage. All **these are miracles of feeling responsibility!**

Emphasis made in “Islamic resources” indicating that “Wife is accompanied with sustenance” may refer to the same concept.

In this respect, we can compare the single to the “wandering nomads” who have never tried to improve the lands where they live temporarily and easily immigrate to another place.

From the moral point of view, the single will never be “**Perfect Men**”, because many more

aspects, such as **loyalty, forgiveness, manliness, affection, kindness, dedication and gratitude** are realized in the family and joint life of the spouses and children. Those who have not experienced this situation are less familiar with these concepts.

It is true that undertaking the responsibility of joint life after marriage is accompanied with many problems and obligations for man, but is it possible for one to find perfection without facing problems and discharging responsibilities?!

The issue of responding to the natural needs of body and spirit, and the unfavourable mental and corporeal reactions caused by saying no to this need, is definite and certain.

Taking into account these undeniable realities, we have not exaggerated if we call tendency towards “singleness” and continuous decrease in marriage a social tragedy.

On the other hand, the question is how we shall deal with the stalemates and strenuous problems that youths may have for fulfilment of this “natural and social obligation”? Is it still possible to fulfil this great and sacred obligation on time even in the present conditions of machine life, under high expectations, disagreement between parents and youth, educational conditions, unemployment and distrust of youths on each other?

These points shall be carefully examined, and the final resolution of this social dilemma is impossible without solving them.

The point that shall be necessarily taken into consideration here is that the current messy situation of marriage and its concerned problems are in fact what we and our society have created and imposed on ourselves.

It has not rained from the sky or sprouted from the earth. We have established it as a result of competition, ignorance, improper pre-judgments, wrong calculations and involvement in a series of harmful habits, customs and blindly imitations.

Therefore, if we decide, we can change this situation, and establish a new plan based on reality and noble concepts of life, not based on imaginations, conjecture and wrong imitations.

There is no stalemate, no miracle is required, and correction of the current situation is not impossible.

~~Possibility of illegal relations is an important factor for decrease in marriage~~

Today, social life is not in a normal and proper form in most parts of the world, one example of which is decrease in marriage and preference of abnormal life of “singleness” by the youth.

As we have already explained, in addition to decrease in matrimony and expansion of singleness in the human generation, it is deemed a great disaster for human society in view of creation of a sort of life system without feeling responsibility, cut off from social relations, indifference to social events which are definite results of a single life.

If we add the moral aberrations in which many singles are engaged, the significance of this social problem will become more evident.

Now, let us study the main causes of this dangerous social event:

Undoubtedly, this abnormal situation is not the effect of one or two causes. However, some major causes attract more attention, one of which is the issue of **“proliferation of illegal relations”**.

On one side, due to the facility of these relations for many youths, “a woman” has been changed to mean, cheap and even “free of charge”! being who is easily accessible.

In this way, she has lost the value, significance and prestige previously rendered to her in the society, and she is not a precious and dreamy being attracting the youth to her anymore.

Women’s increasing nudity in the modern world has contributed to her raunchiness. Although it may be a transient cause for attraction of the capricious men at the beginning, but it finally results in the raunchiness and cheapness, while this is in contrary to what these women expect!

On this account, in the current societies there is no trace of those pure, sincere and passionate love which existed in the past, **because man always finds fervent love to what is not easily accessible and it is nonsense to love a mean, cheap and free of charge being, what to say about fervent and fiery love!**

On the other hand, many licentious men may ask why they should undertake so many “terms” and “responsibilities” of marriage to gain access to a woman, while many of them are accessible without acceptance of any term or responsibility?!

Hence, since they are not familiar with the ominous consequences of sexual and moral licentiousness and see woman merely as a means of satiation of sexual desire, basically they consider acceptance of marriage and so many terms and responsibilities, a silly decision! and spend all or a major part of their life being single.

Taking into account these facts, the effect of “possibility and facility of illegal relations” on decrease in marriage is exactly clarified. In western societies, where this freedom and laxity is more rampant, matrimony has decreased further. They marry when they are aged, and even these marriages are so weak and short-lived that it often dissolves for small and sometimes ridiculous reasons!

Victims of these shameful relations

In addition to what was explained above, there are always filthy and dirty elements in such societies who prefer being single to a life of matrimony, called “centres of prostitution” that are an important factor for decrease in marriage as well as dissolution of families.

These filthy centres which are necessarily besides present unhealthy societies, are a clear proof of abnormal temper and condition of these societies.

Prostitution and its centres shall not be discussed only in view of being a centre for expansion of immorality and spread of various types of corporeal and mental microbes.

Neither shall it be discussed in view of its effect on the marriage and tendency to singleness, although these aspects require precise discussion and study.

Rather, it shall be also discussed in view of **the floozies** who gather and prostitute in these centres.

Those who have had precise studies in this regard and have written books after extensive researches confess that the situation of this group of prostitutes **represents the most painful and grievous type of slavery in the middle ages.**

They are excluded, forlorn and really helpless women, who are always indebted and burn day and night like a candle to illuminate parties of lust and sensualism, and finally die forsaken in the worst condition, and there is no one even for their burial.

Which conscience authorizes existence of such helpless slaves in the society when it claims to have abolished slavery?!

We shall not forget this pitiful slavery that has been regretfully recognized and affirmed by many modern societies, is the result of facility of illegal relations.

Women bogged down in these fetid swamps of society are often the same victims of illegal relations, who are gradually led to these centres. The story of these women mentioned in some books is undoubtedly one of the most grievous tragedies and **a blemish for modern societies**, but unfortunately, it is less studied and discussed.

Therefore, for prevention of dissolution of families, fall and decrease in matrimony, and delivering these helpless slaves, this sort of freedom, licentiousness and possibility of illegal relations shall be prohibited. This is not possible save with provision of a proper program.

Considering the above facts, the dear youths shall care more for themselves and their friends, and pay no heed to the well-worn deceptive phrases uttered by unclean individuals for drawing them into these types of licentiousness.

Those who introduce this situation and these centres as a social necessity, and are going to reduce the obscenity and ugliness of prostitution, and rather call this illegitimate action a means of guarding

the chastity of families!! and health of youths!!, are really wrong.

Is existence of a fetid swamp resulting in expansion of immorality and even corporeal diseases which are separated from the societies to prevent transmission of taint to the families, a social necessity?

Shackles for the youth

- It is true that ages have passed from the normal time of our marriage, but how can we marry while:
 - o We do not yet have a car!
 - o We do not yet have a job!
 - o We have not yet saved enough money to cover the heavy costs of marriage, gifts for bride!
 - o We have not provided a good place for our marriage ceremonies yet, and ... yet, and ... yet!
- How we can agree to the marriage of our daughter while:
 - o An ideal husband with sufficient income, honourable job, good position, house, ..., has not proposed marriage with her, and those who have proposed lacked one or two of these conditions!?
 - o Moreover, we have not provided required home appliances for her yet, and two or three of them, such as carpet, furniture, refrigerator, washing machine, iron, vacuum cleaner, sewing machine are not provided yet!
 - o Of course, in this situation, marriage of a girl is nothing save disgrace! God may not forgive our society that has chained us so ...! What we can do when the troublesome and disturbing conditions in the society do not let us to act in a proper way?!

These are the confab or more proper to say that unreasonable pretexts and excuses of a number youths (girls and boys) and parents for avoiding the critical issue of marriage. A scientist says: Life has two parts: First part is spent with hope for the second part, and the second part with sigh for the first!

It is better to apply the term “dream” instead of “hope”, and say: The first part of life is spent dreaming about the second part, and the second part sighing for the first!

The clear example is the issue of marriage of many of our youths. They waste half their life finding an ideal spouse, and the other half sighing at the mistakes they committed in the first part. However, these youths and those parents that these shackles and false hindrances are established by no one save you!

You have established a vain and entirely illusory concept for conjugal life, and lost the “real happiness and felicity for achieving an “illusory” one.

Be sure that as all experiments and experiences have proved, the boundaries and lines which you have drawn for felicity will never make you happy.

These competitions, blindly imitations, rendering authenticity to inauthentic affairs, glass deviating proper vision to life, endless expectations, false dreams and deceptive mirages, all have shackled you and hinder you from accomplishment of the most essential task for a youth.

~~Should the youth and parents be decisive and brave enough to cut the chains of captivity in the claws of delusion, fancy, and dream, and break these idols, then they would find that they have achieved freedom of spirit and easiness, and how prosperous and happy they have become.~~

Can you find someone owning house, car and everything at his youth? Then, why do you expect yourself or your spouse to be so? That is right; there are some whose forefathers have been rich and they have inherited from them. However, since they have not taken efforts for gaining their wealth fortunately or unfortunately, they will not be able to keep it.

Take it easy, and when the simple and reasonable requisites are provided, take action for marriage. We believe that marriage with simple ceremonies is easy and do not be surprised, even compatible with education, provided both parties understand the proper concept of marriage. They shall also understand that everything in the world of creation is gradual, and better conditions for life are provided little by little. Expectations shall always be in the frame of facilities.

It seems that the youth wandering in the byways of these dreams have forgotten that what is essential in marriage, is existence of “two persons” understanding each other and the proper concept of life, and loving it.

Existence of the two basic factors, that is, two persons with proper understanding is essential. Otherwise, the other requisites and facilities would not bring happiness.

On this basis, our high religious instructions have not defined any condition for accomplishment of a proper marriage save existence of two sane persons (the spouses) willing to have a joint conjugal life, while you can see this simple task has been changed into such a complicated problem!

The other remarkable point is that the simple life of seminary students could be an evident practical example for the other youths. (Pay attention)

Around 99 percent of seminary students marry while undergoing studies, and although their courses at the seminary are very heavy and difficult and they are engaged in it full time, they can live with utmost purity and simplicity with the meagre allowance paid by seminary treasuries, or through agriculture or a simple job during summer, without facing with fateful consequences of loneliness while they feel tranquillity and happiness in this respect.

Seven adventures of matrimony

- Many issues known to us as “unpleasant but meantime inevitable necessities” of life are the products of our illogical deeds and are often avoidable!
- Many snares which we suppose destiny has imposed for us are the same chains that we have made by our own hands.
- A major part of problems in our life is indeed obstructions, excuses, obstinacies, and even inflexibilities exhibited by us when facing events, but not real problems!

It is said that once Rostam, the Iranian epical hero, decided to conquer some parts of Iran that no preceding gallant conquerors had succeeded in.

During his journey towards the heart of this region, he faced “seven great obstacles” each of which was more terrible than the other. Once he faced the white demon, and once the giant dragon, and once the dangerous magicians. Finally, he passed them one by one with his strength and skills. He passed the seven stages (seven adventures) and overcame them. Ferdowsi, the Iranian epic poet has described and versified the story in *Shahnameh* with attractive delicacies.

The legend is a romantic representation of the mass of problems in a man’s life, their abundance and intensity, and a plan for showing ways of overcoming these problems.

Nowadays, the issue of marriage and passing its obstacles is not easier than what Rostam did when passing the “seven legendary adventures”. The only difference is that neither all youths possess the bravery and power which Rostam had for passing the seven adventures, nor basically they are so decisive and determined!

As mentioned, no other social issue has so deviated from its original and normal form (with such harmful and disturbing embellishments) like marriage.

The groans, complaints and clamours of the youth and parents for the huge costs of marriage are mostly for these additional formalities. Otherwise, the basis of marriage is too simple, pure and sacred to cause so many problems and troubles.

At present, for many people, marriage is like mining “gold” from the mines which is mixed with impurity that it is not economical and does not worth such a trouble!

Impurities of marriage are the very competitions, wrong customs, transient humours and fancies for achieving unreal honour, prestige and personality.

Marriage has lost its main visage among the mass of problems. It is transformed to a “horrible monster” that not all individuals could bear.

Worse is that a few people dare to challenge these embellishments and impurities. In this respect the educated are worse than the illiterate. Now, people are weaker and more disabled in this challenge as compared to the past.

Many people satisfy themselves with a wrong reasoning that “a man marries once during his or her lifetime, and could not celebrate it simply”, or “let us realize our last desires, whims and intern tendencies”!

They ignore that when this wrong reasoning becomes popular, it changes into the greatest hindrance for felicity and happiness of the youth.

The youth shall pass the seven adventures of this long way just with their heroism, like Rostam, and break these magic spells. This involves seven adventures, including:

1- Unlimited and dreamy expectations; the expectations of girls from boys, and boys from girls, and parents from both of them 2- Raising undue embarrassments; by many of the parents, families, relatives and friends 3- Heavy dower sum 4- Extra formalities; for wedding ceremonies and the dangerous competitions 5- Petulance for being in the same and equal position and rank by two families 6- Fiery loves; which are uncontrollable and at the same time unconsidered 7- Excessive obsession; and lack of confidence and trust on each other in the future

When we reflect on these seven problems, we see that most of them are not concerned with the issue of marriage, but to its embellishments.

For instance, consider the issue of “matching and being equal in rank”, which is a great hindrance for marriage of many youths, while it is only a mirage.

A 30 years old man who introduced himself as an “Oil Engineer”, and agreed that he has a good salary, complained and groaned for failing to marry yet.

He said: I cannot select a wife from any family, because I shall find an honourable and prestigious family in the equal rank with me.

However, when I find such a family, they propose such terms, conditions and expenses for marriage that just an “electronic brain” can calculate it! ...

I asked: If you mean sufficient education and knowledge by “prestige, honour, ...”, I can introduce you to many families having educated and able girls, ready to marry with those like you. If you mean having high human attributes, moral values and or interesting in physical and corporeal privileges, still there are many of such girls among the middle class but noble and honest families.

But I do not think you mean any of them. By an honourable and esteemed family, you may mean that her uncle shall be a general director or general manager, and her parents shall be rich, and have an expensive house and car! Is it true? ... I found that he meant the same.

~~I said: Then, making such a big mistake for evaluating prestige based on these affairs, and not on human's actual privileges, it is not a surprise if you are in such a trouble!~~

It is interesting that in our Islamic traditions, "being equal in rank" with the wrong concept prevailed at that time among tribes and social societies, has been strongly condemned, and Islam has introduced faithful women and men, girls and boys in the same and equal rank.

We read in Islamic traditions:

المؤمن كفو المؤمن

A believer from any family, race and social class is in the same rank and position as the other believer.

Therefore, if the delusive ideas about class life and social ranking are eliminated, and both parties like each other for what has a human, logical and rational value, not for the positions of uncles and families, wealth, car and property of aunts, the problem will be surely solved. This applies to many other hindrances for marriage as well.

Strict Parents

These parents endanger the future of their darling children seriously!

Many parents who have spent their own youth with all its problems and troubles and are unaware the storm existing in hearts of the youth (both girls and boys) for proper satiation of their sexual instincts, are very 'cool' and or 'strict' for the marriage of their sons and daughters.

Their 'coolness' and 'strictness', both branching from a single mental origin, are sometimes so that they call one year and five years delay 'a simple event and short term'.

They ignore that even a month or several days of delay in critical situations may change the fate of a youth.

It is not clear why these parents do not remember their youth?

Why they have forgotten so soon the storms and passion of youth before their own marriage? Why they do not suppose themselves instead of their young children?!

However, their self-comparison (assuming the youth as cool as themselves) is very dangerous and even costs too much and sometimes leads to insanity.

One of the major causes of escape of the youth from family, suicides, perversions and diseases is lack of attention to this reality. It is particularly true for the virtuous, chaste and faithful youth.

Parents' negligence of such youth is unfair and far from realism and farsightedness.

Indeed, the problems of marriage and its concerned responsibilities often cause parents unknowingly ignore their understanding about the situation of youth and the crisis of their sexual instinct, or persuade themselves that its time has not come yet.

Sometimes, the painful consequences of this negligence will entangle them for the whole of their life, when there is no way for compensation and remedy.

The strictness of parents in selection of spouse for their children, their baseless and sometimes ridiculous terms and conditions for their marriage, originate from lack of recognition of necessity.

When one recognizes the necessity of something, he imposes lesser terms and conditions for it, and chooses principle of forbearance and connivance as the basis of all discussions and decisions. On the contrary, lack of recognition of necessity makes one inflexible and choosy.

I read in an article that some of the strict and fussy individuals even smell a car like meat and vegetables when buying! When they smell a car for buying, what would they do in selecting spouse for their daughter and son?

It is surprising that most often such parents are trapped in such problems they never expect.

The psychological reason is that only dishonest and ostentatious individuals can attract the attention through show off and boasting. Otherwise, healthy and normal people can never be so, and they can never win their hearts.

It is true that one should select his or her spouse carefully, and selection of a life partner is not like buying a cloth. However, there is a big difference between carefulness and strictness and obsession. When it seems that the other party is qualified for marriage, and investigation of the informed individuals confirms this reality, one should take action without any doubt, and just seek assistance from God. Then, the result will certainly be good.

According to the emphatic Islamic instructions for early marriage, as well as the command of intellect and extensive experiments of the informed, all parents are advised to avoid coolness and undue strictness, not to neglect the dangers caused by their strictness and coolness, and not to endanger the future of their dear children.

It should be remembered that the sexual instinct of youth is so powerful that negligence and carelessness about it may result in any sort of explosion.

Man's history and the daily life of men indicate that dangers caused by explosion of this instinct are unique and the most important and deep-rooted.

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