

Ambassadors Between Worlds

*Intergalactic Gateway
to a New Earth*

Damiana Sage Miller

"We wish to empower humanity and aid your planet, help give you the confidence to go forth and create the civilization you wish to live in."
—Council of Intergalactic Relations

We have compassion for humanity. We see it making choices that we've made in the past and we'd like to guide you towards a better future — like an older sibling assisting a younger one.

Your world and the ideas that you've created around you exist because you believe them to. Truth exists whether you believe it or not. Truth exists beyond this world in all worlds.

Don't underestimate the power of the people to make change. Do your part — make your change — and a chain reaction will occur around you.

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**New Atlantean Press
Santa Fe, New Mexico**

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The information contained within *Ambassadors Between Worlds* is for educational and informational purposes and is not to be construed as medical or professional advice. Some of the statements in this book may conflict with your own personal beliefs or data presented elsewhere. Readers are encouraged to do their own research and use discernment regarding the veracity of information presented in this book.

The original transcripts were minimally edited for grammatical clarity.

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Introduction

Hello. My name is Damiana. A few months ago I had an extraordinary experience. I sat down to meditate and my third eye (the brow chakra) spontaneously awakened, allowing me to enter the world of souls. At the time that it happened, I didn't know anything about this other world. Many colorful images rapidly shot past my inner eye. They evoked uncertain feelings in me and I became overwhelmed with emotions. I couldn't focus on these images or get a clear vision; they were out of my control.

I remember seeing a woman with her child, a bridge, constellations, and many other dream-like scenes. I saw these spectacles and felt them as well. My empathy was heightened — I could feel what the people in my images were feeling. I was then overwhelmed with a burden of grief. It was too much, too quick, and I broke down sobbing. For the next twenty-four hours I had a throbbing pain directly above the bridge of my nose.

Two days later, I was serving customers food at the restaurant where I worked when I heard someone talk to me. I looked around and realized that the voice was in my head: "Welcome, being of the Light!" I had just received my first telepathic communication. I picked up my pen and transcribed the rest of the message:

Welcome, being of the Light, welcome. You join your kindred family in a time of grand importance. Your growth and understanding in all things divine shall expand and grow, and if you choose to continue down this path, you shall open up a Pandora's box of sorts, that is to say, the things you choose to see cannot be unseen, and they are often difficult for an emotionally-based being like yourself to observe. But we will be with you and assist you on your journey. We welcome you with great love and guidance, as we always have and always will, in lifetimes both past and future.

The message was signed by a "special friend" from my time in Atlantis.

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Wow! A few days later, during one of my daily meditations, Saint Francis came through with a personal message that provided a little more insight into my newfound purpose:

There is an internal alarm, so to speak, inside Damiana that has gone off because the world is in dire need of healers and mediums between the two worlds, several worlds actually.

Archangel Raphael had a similar message for me and other light workers:

Welcome, Damiana. Your journey has just begun and there's so much that you can achieve if you continue down this path. It's time in your life and time on Earth for a new expansion and a new birth. A new chapter is about to begin in humanity's existence. Many light workers, like yourself, are opening up and becoming more receptive at this time. They can instinctually feel the call in their heart, because we're all connected. So, as you are starting to open up, as are others, you must banish any doubt that you might have and any negativity that you feel towards other beings, for they in their own time will awaken. But with your help and others' help, you can start fertilizing the soil for the new Earth that is brought upon us.

Some of my early channelings were meant to assure me that I wasn't imagining the internal visions and voices that I was seeing and hearing. The guides encouraged me to continue meditating and developing my third eye. I also started giving spiritual readings to family, friends, and other people who requested them. Most of the people that I do readings for live in other parts of the world. The guides know their souls and provide beneficial information, including past lives when appropriate.

Although my awakening was a surprise, in retrospect it wasn't surprising that it occurred. I had many psychic experiences growing up, several as a baby. In addition, my parents taught me how to meditate when I was a teenager. They would often receive messages from ascended masters and other beings of the Light. Although I found it interesting, I never paid much attention to it nor did I practice meditation until a few months ago.

I started meditating after seeing a video of a UFO hovering over a holy site in Jerusalem. A few weeks later, an earthquake and tsunami in Japan damaged several nuclear reactors causing radiation to spew into

the atmosphere. That was deeply disturbing and caused me to turn within with even more passion and dedication; I started meditating every day. A few weeks later, my journey began.

Shortly after I had my spiritual awakening and began receiving channeled messages, my father took me on a guided meditation through a magical forest that opened up into a beautiful meadow. This is where I had my first encounter with an extraterrestrial. In fact, all of the channelings in this book are from benevolent extraterrestrials existing in other worlds. They are mainly from Pleiades, Alpha Centauri, and LaZarus (a planet located in another dimension).

All of the extraterrestrials who have communicated with me would like to help our civilization become more enlightened. There is no reason for us to fear or idolize them. Although they are technologically and spiritually advanced, they will not interfere with our free will; we must work out most of our own problems. They discuss everything from global warming and new energy resources, to karma, dharma, and evolution of the soul.

Although the Pleiadians are wise and compassionate, a lot of the information that they provide is surprising and controversial. For example, judgment is a human concept; it does not exist in higher realms. Good and evil are just labels that we give to human experiences; they don't have an objective reality. And no one ever truly dies. In fact, in some regions of the universe, souls come and go freely from their physical body to a non-physical existence.

I am lucky to have parents who support my unusual calling. We meditate together as often as possible. I continue to receive messages from several beings of Light, including benevolent extraterrestrials, angels, archangels, and ascended masters. For this book, my father asked the questions during each channeled conversation and operated the audio recorder. My mother transcribed each session. We have worked together like this during many past lives.

I hope that you will be inspired by and benefit from the channeled messages in *Ambassadors Between Worlds*. Our planet needs thoughtful, caring people who are ready to wake up, remember their true purpose on Earth, and take action raising the vibrations of humanity. Welcome to the *Intergalactic Gateway to a New Earth*.

Damiana Sage
Santa Fe, New Mexico

God is within everything, for there is the individual you and there is the collective you. And collectively, your higher Self and everyone's higher Self, makes up God.

Neil: Is there anyone in the meadow who would like to work with you or guide you or offer you any insight?

Damiana: Yes.

Neil: Who is there?

Damiana: An extraterrestrial.

Neil: Would he or she like to speak directly through you?

Damiana: Yes.

Neil: If you're comfortable, allow this being to do that.

Greetings. I come to you during the culmination of Earth's third-dimensional travels as you head into a new consciousness in the fourth dimension. The vibrational shift is already taking place all over your planet, consciously and unconsciously. You can think of these dimensional shifts much like the school systems of your planet, for right now you would be in third grade graduating to fourth grade. And while third grade is no lesser than fourth grade, perhaps you will learn new things and have greater freedom in fourth grade, and then again in fifth, sixth, and so on. These shifts *will* take place, no matter what.

You must understand truth, for truths are constant. But just to have a constant and not to grow from it will serve no purpose. So, learning from these truths and sharing them with others on your planet will help soften the dimensional shift.

God is within everything, for there is the individual you and there is the collective you. And collectively, *your* higher Self and everyone's higher Self, makes up God.

The universe, constantly expanding, will eventually boomerang back, and it will all start over again.

We care for the humans, for we were where you are now, much like a fifth grader giving advice to a third grader.

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Do you have any questions?

Yes. Who are you and where are you from?

You can call me Naor. I am from a planetary system just north of Orion, called LaZarus. We are friends with the Pleadians, the Essassani, and the Sirius, but we are our own species.

What are your main reasons for being here on the Earth, or near the Earth, at this time?

We are here to guide and watch over you and make sure your paradigm shift goes over smoother, to teach those who will listen, and to make change upon your planet so you can join us in higher dimensions.

Do you travel by ship or do you have some other means of arriving here?

We do have ships, but I am speaking to you telepathically. Telepathy and empathy are two and the same, and Damiana is a fine vessel to speak through.

Do you see Damiana working with your group more often or will she be working with different groups? How do you see that unfolding?

That will be up to Damiana. But, yes, we would love to work with her, as would many different extraterrestrials and spirits. She is still at the very beginning stages, but we see her coming along just fine.

What advice do you have for humans in general to help us move forward with the shift? Do you see any serious Earth changes, more pain and destruction that we as a civilization are going to have to contend with?

Yes, there will be many Earth changes but fear and pain are low forms of vibration. It's important to understand those forms and rise above them. Joy, ecstasy and knowledge are all higher forms of vibration, and those shall help you through the shifts. So, living *your* life with joy and purpose will help *you* through the shift, and you, in turn, can help others.

When we say you are graduating from the third dimension to the fourth, realize that this will actually occur in a longer period than you perceive. There shall be many Earth changes upcoming within the next 100, 200, 300 years. But you must live in the Now because that is all you have — Now — and the stages of the shift are already happening, but it will take many years for it to be complete. The Earth will continue to have earthquakes, volcanoes and tsunamis, and the atmosphere has become depleted. But it will rejuvenate itself, and what you see as Earth right now in the third dimension will be a different planet in the fourth dimension.

How serious is global warming and do we have a problem with CO₂ in our atmosphere?

Absolutely. Unfortunately, Earth is extremely contaminated. It really is at a point — I don't want to say of no return — but it is at a tipping point, and it really is important for the beings of Earth to discover other energy fields. There are many energetic, magnetic fields emitting from the Earth that could be very beneficial to you if you learn how to use them. And solar power, which you have already harnessed in some ways, can be used in so many more. Your own vibrational fields — as well as all things existing anywhere, everywhere — also have their own energy that can be harnessed.

Will extraterrestrials be providing us with technology or guidance on cleaning up our atmosphere or do we need to do this on our own?

We have provided several of your leaders with help, with guidance, with technology. How they choose, and have chosen, to use it is beyond our help. But we will work with those who ask and try to make your Earth more livable.

Well, thank you. This has been a real treat communicating with you. Do you have anything else you'd like to share with us at this time?

I will be back. Thank you for letting me come through. I hope you have a wonderful day.

You must constantly work at non-attachment — non-attachment of possessions, of ideas, of negative energy — for Earth is just an experience that will pass and the eternal Now will be ever present.

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Hello. We welcome you as ambassadors building bridges between different worlds in different dimensions. You should take this job with pride and honor and continue training yourselves to be the most pure, kindred vessels in which to transmit this information. You must constantly keep in mind what your purpose is, and intent, always working towards your higher Selves, constantly being aware of your internal agreement and soul purpose, working towards pure enlightenment.

The being, which is you, is made up of a Holy Trinity: the soul, the mind, and the body. All three must be working at maximum energy and highest vibrations, for when one is off kilter it creates an imbalance.

You must constantly work at non-attachment — non-attachment of possessions, of ideas, of negative energy — for Earth is just an experience that will pass and the eternal Now will be ever present. So continue living your life working towards complete wholeness, complete love, complete Godliness, but realize that several of the negative experiences on your planet, too, shall pass.

Souls, like yourselves, make the choice to reincarnate to experience all that mortal life has to offer. And while on a higher plane you have greater understanding and see the whole picture, it's all conceptual; to experience it, you must live it. The soul yearns for these experiences.

You must always feel and be aware of your constant connection to God, for She/He is always with you.

You must try to let go of passing judgments, for every being is doing just that — being. They will find their path on their own or karmically.

May I answer any questions for you?

Well, first of all, who are you and where are you from?

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I am an extraterrestrial; you may call me Adam. I am from Pleiades and constantly watching over your planet.

How did you come to speak through Damiana this day?

Damiana and I are connected telepathically right now. She is feeling what I feel and creating meaning behind it.

Are you a distinct being from other Pleiadians? Why are *you* speaking through today rather than, for example, any other Pleiadian or any other extraterrestrial or spiritual being?

There are so many Pleiadians, other extraterrestrials, beings of Light, guides, masters — so many eager to connect. I just so happen to be the one who made the connection today. I can continue visiting in the future or others can come through too. In the future, you can ask for us by name or by feeling if you would like to speak with a particular entity.

At this time, our main goal is to work with Damiana so that she can become a better vessel for communication. Do you have any guidance to offer or anything to say about that?

Damiana has a natural gift, but like any talent she must continue to work at it. Discipline within her meditations, and intent — not only in her meditations, but always — will help train her into becoming a more direct channel.

Is this something Damiana has developed over past lives.

Oh, yes. Damiana has always been an ambassador between different worlds, often from the other side guiding earthly and other-planet beings. This life, she's chosen to experience back on Earth and she will continue to bring forth her gift.

Damiana wants to know why we forget our purpose when we come to the Earth. Why do we seem to have a veil over our awareness?

Free will is one of the few non-limitations you are given on Earth. It's one of the many experiences that being human offers, and to fully enjoy and fully experience the many different choices that being human offers it's often in your best interest to go forth

somewhat blindly. However, especially as a child, most humans do remember a purpose. You can ask any child what they want to do; most of them have a direct answer. Unfortunately, choices, influences, and different experiences throughout life can bury or alter the original intent.

Damiana was always interested in theater but now it seems obvious that channeling is her gift and purpose — to be an ambassador between worlds. Can you tell us why she had such an interest in theater?

Yes, Damiana has always enjoyed the performance aspect of theater. However, her first instincts were towards artistic abilities, and that gift is inspired and channeled from her higher Self. Channeling has always been part of Damiana's vibrations. It was important for her to experience different avenues to add to her understanding of what this planet has to offer. We knew that she would eventually wander down this path, for it isn't by accident that she chose you and Susanne as her parents.

Damiana wants to know why humans have disease.

Dis-ease is caused from emotional strain on the soul, which is then brought forth on the physical body. Unfortunately, most disease is brought on karmically from past lives, future lives, and often your present life. When you send out negative vibrations, you're really causing dis-ease in yourself. There are cures for all of the diseases, but unfortunately certain beings on your planet prefer to profit from dis-ease instead of helping other beings. However, that is their karmic path and you should not feel anger towards them.

Will Damiana be able to receive healing advice from the guides similar to what Edgar Cayce provided to help others?

With lots of training and discipline, the possibilities are endless. Damiana truly does have a wonderful gift, as do all souls. However, Damiana is on the path towards the greater good and, yes, we can see that being part of her purpose.

You mentioned earlier that humans are made up of a Holy Trinity of the body, mind, and soul. How do the mind and soul differ?

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Beings on your planet have lots of names for these: the id, the ego, the superego; the conscious, the subconscious, the superconscious. All of these are referring to the Holy Trinity: the Father, the Son, the Holy Ghost. The soul and the mind will leave the body when it is time. The soul is everything you are and everything there is. Your soul is your higher Self connected to God. Your mind is your memory, thoughts, actions, intent. Together, they achieve divinity. Your earthly body holds them and keeps them safe, and in turn you must keep it safe.

Does everyone have a predestined length of life? Is that dictated by genetics? How does that work?

Yes and no. You always have choices. If you are no longer content, you're always free to move on. However, you do not want to live — your soul does not want to continue on — in a body that has grown brittle and weak. It knows that together the body and soul have an agreement when it is time to move on. It is better for the soul to reincarnate into a young, more able body than continue in a body past its prime.

Today, there are many people with bodies that are broken down. For example, many children have autism and they seem to have certain physical limitations. Would you speak about this?

Yes. This is a combination of karmic limitations as well as beings on your planet who consciously know how to protect babies and children from these limitations, but choose not to. Unfortunately, greed, pride and power are very influential in many beings' lives. You must realize that they are not important in your life; you will be taken care of when you live your life with love, peace, understanding, joy and purpose.

Is suffering karmic?

In some cases, but not all of them. Suffering is a human condition that has been put in place for thousands of years to give human beings a chance to experience compassion and to put compassion into action by making the choice to end it. The soul constantly yearns for experiences. Although it is all-knowing, this knowingness is conceptual, so to truly understand

any situation the soul must live and walk in its own shoes. For example, try explaining an orgasm. You have an idea in your head and you can explain what goes on biologically, but you can't truly understand it without experiencing it. The soul constantly wants to feel all different experiences, even ones that are perhaps painful or scary, but it then gives you the opportunity to improve. This is the case most often with disabled beings. Before they entered the body, they mapped out a plan of their life; they chose to experience these impairments (for example, being blind, deaf or handicapped). This is their choice and often has nothing to do with karma. There is an exception to this. It has to do with the free will of other beings inflicted on them, for example a mother who drinks alcohol or does drugs while pregnant or in a car accident. Souls must then adjust to these challenges inflicted on them and make the best choices that they can.

Thank you for coming through today. I really enjoyed this conversation with you. We send many blessings over to your side, as we know that you send blessings to us.

Thank you. Have a blessed day.

Karma is a universal law; it will manifest itself no matter where you reincarnate yourself. There comes a point, however, when you step outside the Karmic Ring and are on a path of pure service and enlightenment.

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Good afternoon. It is I, Adam, your friend from Pleiades. I come to you today knowing that the state in which you reside is going up in flames, so to speak. [At the time of this channeling, New Mexico had several large forest fires.] We are not happy to see this happening, for it is a direct result of the depletion of your atmosphere causing temperatures to skyrocket making it much easier for your world to become like a matchstick box. But do not let it stifle your creative energy, for this too shall pass, and like the Phoenix coming from the flames, the Earth will rise above it. Sharing your gifts and your energy shall help release some of your creative vibrations into the atmosphere and into the universe and help raise the vibrations and the consciousness of the planet, for they *do* affect other beings whether they know it or not. May I answer any questions today?

I have some philosophical questions. Why do so many people on the Earth seem lost?

You set up a society that has created standards, layers, classes, and monetary systems. Many beings come to this planet with high ideals but often the need to survive takes over. Greed and power drive some souls toward negative energy. However, do not think all souls are lost, for many souls are just trying different experiences that the Earth has to offer, so you may look at a homeless being who has become addicted to substances or you may look at someone who has let money control their life and they seem lost to you, but perhaps they have chosen to experience the darker sides of their nature as a soul or they've chosen to experience compassion and empathy through how others respond to them. You must remember the saying that your planet has: "Not all those who wander are lost." Many are just on their own path, experiencing the many different paths that there are.

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This brings up another question that Damiana and I were discussing the other day. We don't want to judge other people; we want to be non-judgmental and yet we have to be discerning. Sometimes we might see people and think, "I don't want that person in my life or influencing me." How do we resolve the apparent discrepancy between remaining non-judgmental and having to make wise choices in our life?

Yes, it's very important to *discern* between discernment and judgment, for being a human being gives you free will. It is important that you execute that free will by making proper choices for your life, well-being, and the path that you have to take. However, it is not your place to have negative or unsavory thoughts toward other beings. As I said, they're on their own path, but it is your choice if you do not want certain beings in your life or if you don't want to make the same choices as those beings. But understanding them, realizing why those beings are that way or why they're making those choices — and not letting it affect you, positively or negatively — is in your best interest.

I understand that we have free will on the Earth when we as souls take up residence for a period of time inside the physical body. Do other beings elsewhere have free will, and if not, what is that experience like?

Many beings elsewhere are very similar to humans, and many experiences on other planets are very similar to your own. There are many other planets in the universe that look and seem nearly identical to the Earth and, yes, beings on these planets also have free will as do many other beings, many extraterrestrials. Free will is one of the few non-limitations of Earth, and as you raise your vibration and enter into other dimensions, your free will will not be lost, but more will be gained as far as limitations go. What you are thinking of as *not* free will is an all-knowingness that some beings have and making proper choices to assist in the development of other beings and other souls. However, I would not say that they do not have free will. They do have free will, but they choose to execute their choices in a certain direction. Does that make sense?

Yes, I think so. It seems like an expanded will, as though free will increases to where these beings are only doing that which is in the best interest of others or of the whole.

Yes, indeed.

Are we talking about beings like angels and ascended masters?

Yes, correct. Both angels and ascended masters.

Perhaps you can offer a little bit of insight into a complicated topic. Many of us on the Earth are grappling with the concept of time. To us it seems linear. Here on the Earth we have a past, we have a present, and we imagine that we have a future. Yet, sometimes we hear that time is happening all at once or that all of our past lives did not really happen in the past but that they're really happening in the ever present Now. These are very difficult concepts for us to wrap our minds around. Can you speak about this for a moment?

Yes. You must live in the Now for truly that is what you have, and for this life on Earth, time will seem linear. You set it up that way; this is one of the many limitations that Earth has to offer. Time is the fourth dimension and as you move forward from the third to the fourth, many of these concepts will become clearer. But right now it is beyond your comprehension in a lot of ways. If you had never heard music or tasted food, how would you be able to describe that? It would be beyond your comprehension, and at this point in time, time is like that. But it is important to understand that it is all of what you said and much more; there is a past, there is a future, and yet it is all happening right now. It's important to focus on the Now. Always focus on the Now.

Why is that important? Why does focusing on the Now seem to take precedence?

Because the Now is truly all there is, for the past is gone and the future will come — but when it comes it will be the Now. It's important to live in the moment and live for what's happening at this particular time. It is important to learn and grow from the past and look forward to the future, but you'll lose grasp

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